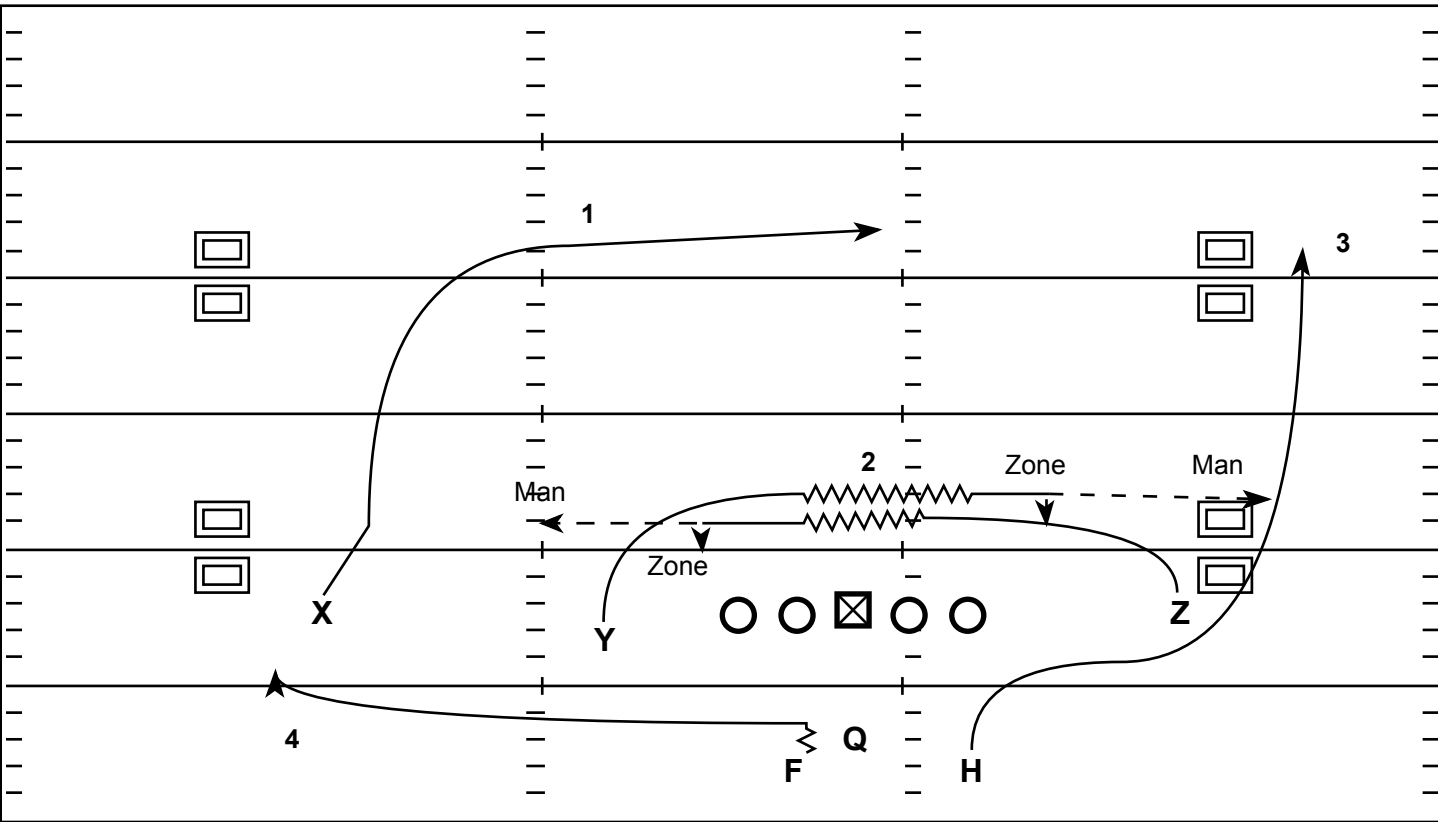


# Split Backs Dig



Background: Dig Concept hold the Free Safety from taking the Wheel right away. Also always for a High-Low on the Underneath Backers on the Mesh to Dig.

QB Progression: Dig - Mesh - Wheel

X: Dig, 10 - 12 Yards

H: Wheel

Y: Over Mesh (Truck, Responsible for setting depth of the mesh at 5-6 Yards or Linebackers Toes)

Z: Under Mesh (Porsche, Responsible for closing distance with the Over Mesh)

F: Check Release Swing