

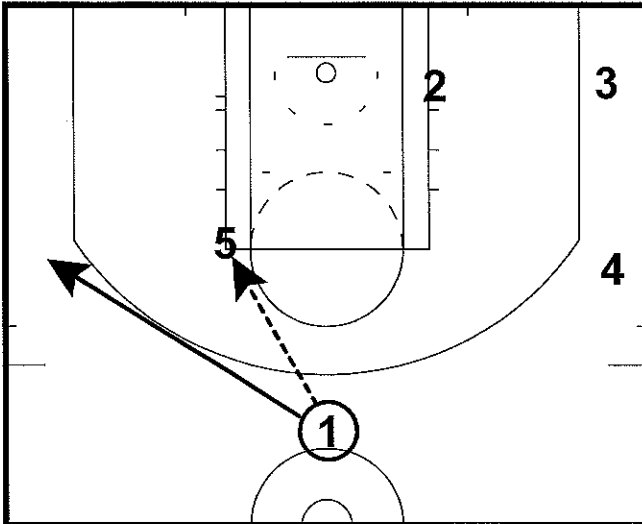
Getting The Ball Inside

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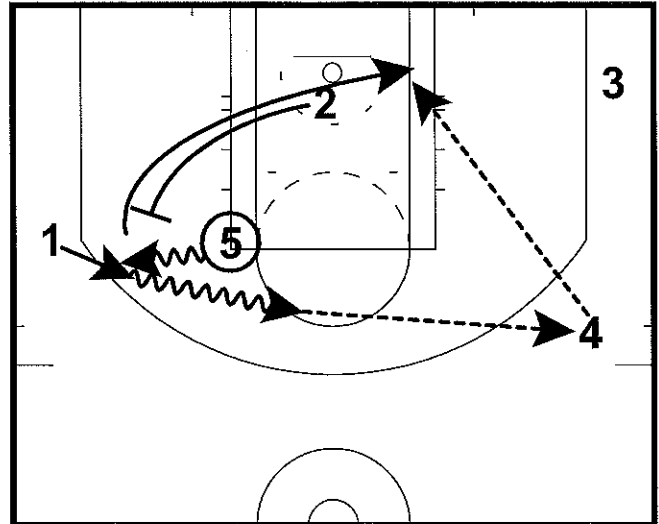
Orlando Magic Handoff Post Back

Frame 1



1 hits 5 at the elbow and cuts to the left wing.

Frame 2



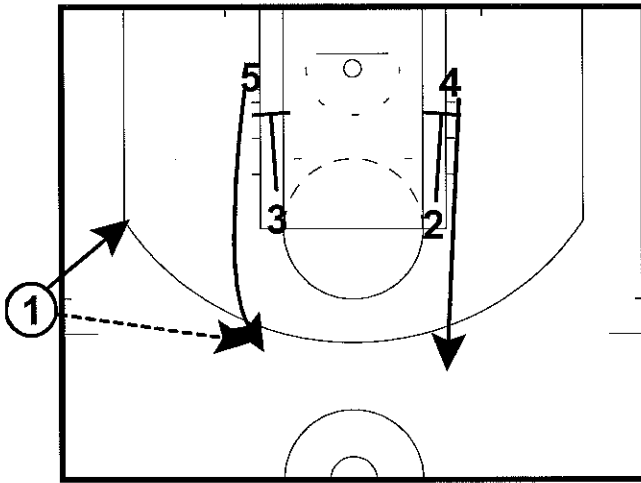
5 looks at the middle of the floor, but spins back to the left wing to complete a DHO with 1. 2 cuts underneath to screen for 5. 1 throws ahead to 4. 4 looks to throw into 5.

↑
on his catch, 5 looks to middle
of floor (at 2 & 4) before
turning to 1 for DHO

San Antonio Spurs

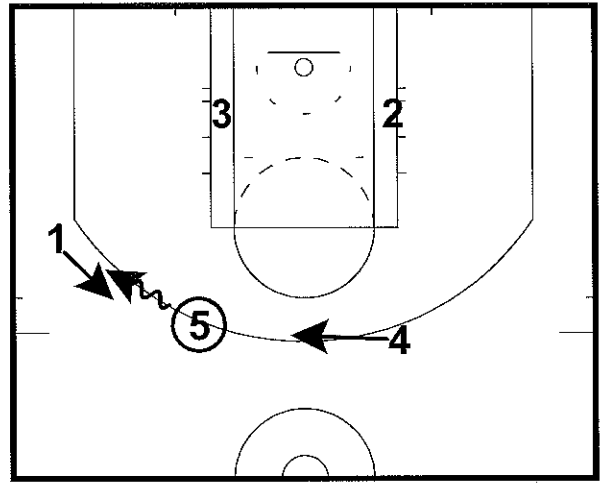
SLOB 5

Frame 1



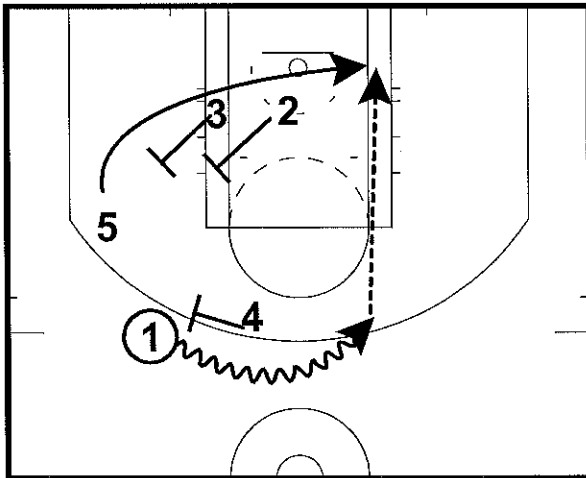
With 1 taking the ball out, the other 4 align in a box with the guards high and the bigs low. The guards screen down for the bigs.

Frame 2



On 5's catch, he looks to complete a DHO with 1 (who after throwing the ball in, had spaced down to the corner before cutting sharply back to get the DHO).

Frame 3

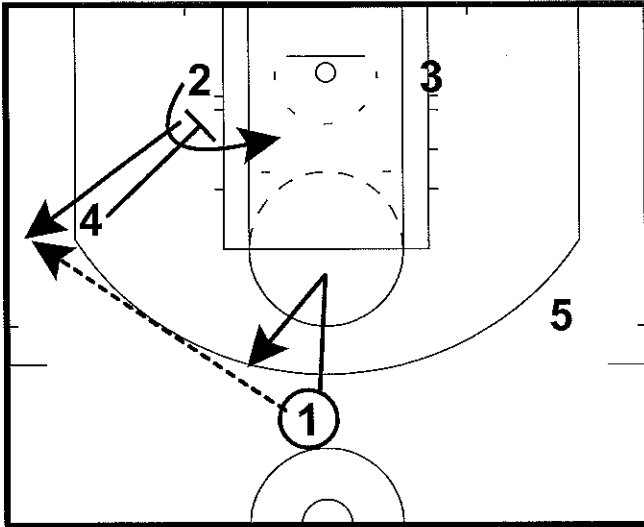


4 follows right behind the DHO to set a ball screen for 1. 2 and 3 set a double screen for 5.

Boston Celtics

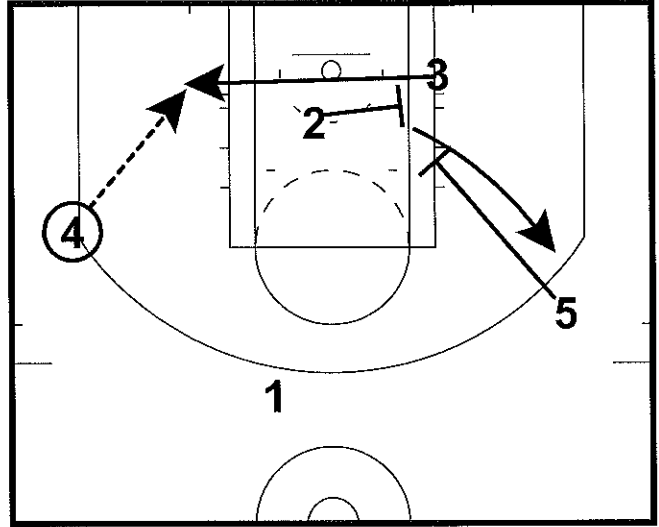
0

Frame 1



4 down screens for 2. 2 curls the screen tight to 4's body. 4 pops for a wing catch. 1 cuts and replaces himself.

Frame 2

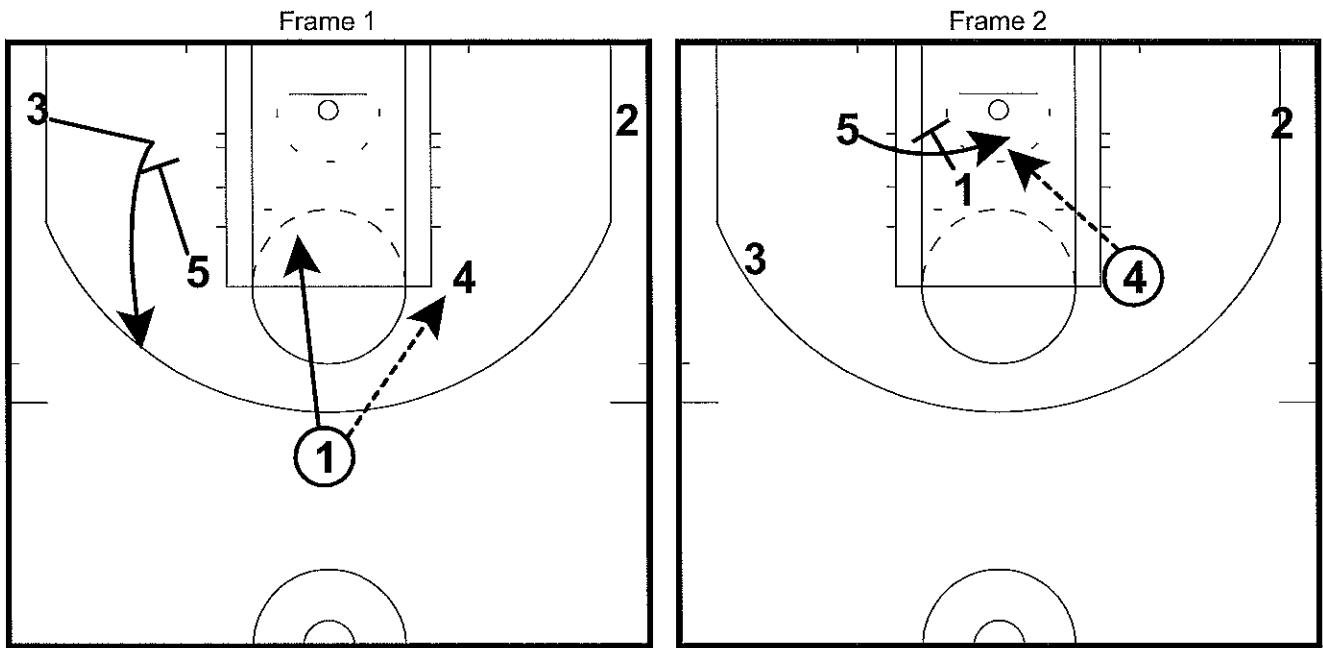


2 continues his curl right into a cross screen for 3. 5 screens 2 out the back.

↑
Celts loved to run this
for Jeff Green. You can
switch 5 w/ 3
4 2 5 3

Phoenix Suns

Roll



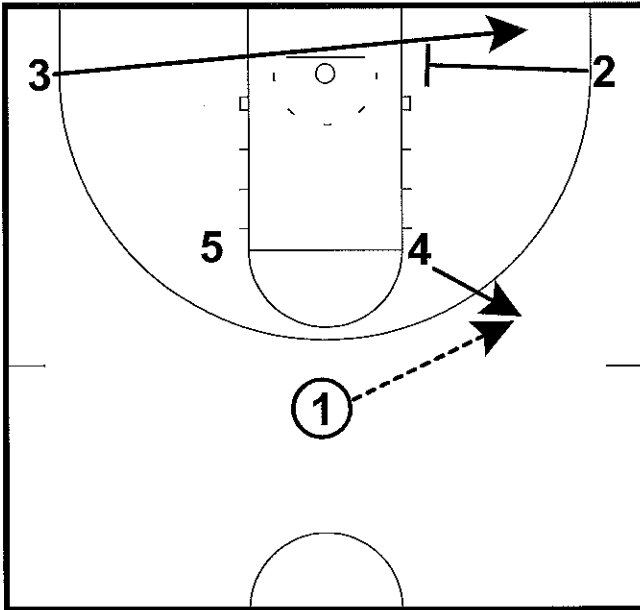
Out of horns, 1 hits 4 and cuts through the middle (slightly angled to the left). 4 down screens for 3 (narrow pin down).

After screening for 3, 5 rolls right over 1's back to look for a catch from 4.

Mississippi State

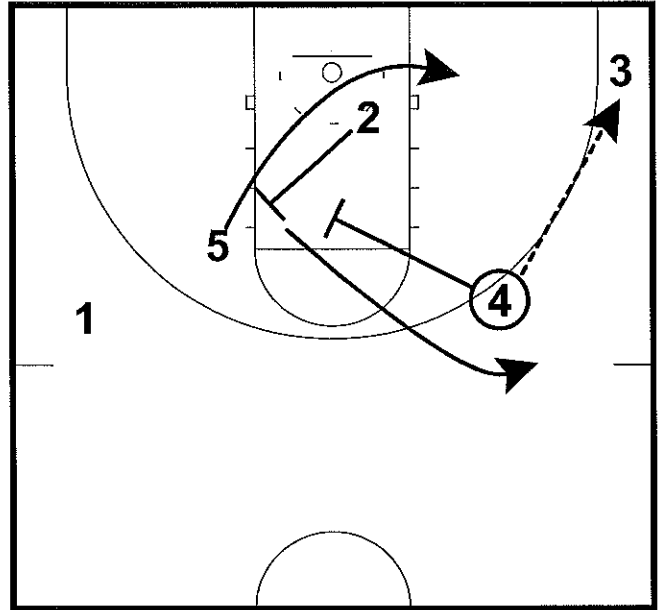
4

Frame 1



4 breaks out of the horns set to catch. 2 and 3 cut in towards the middle of the floor.

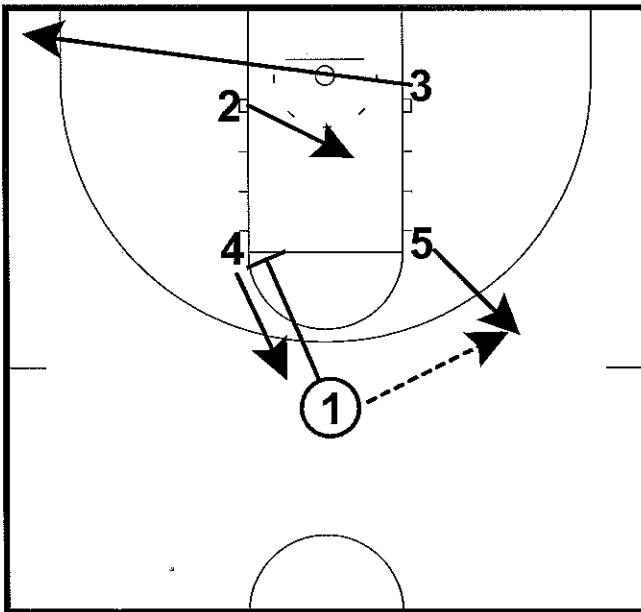
Frame 2



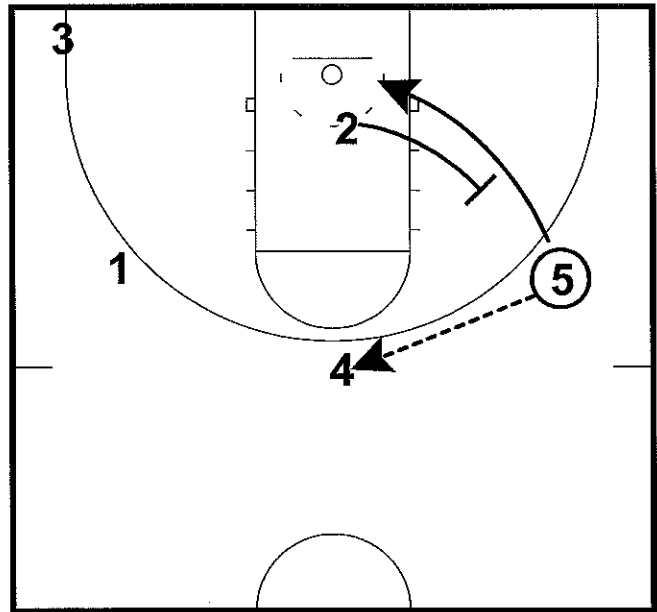
After screening for 3, 2 continues his motion to screen for 5. 4 down screens for 2 to complete the action.

Creighton Big Slice

Frame 1



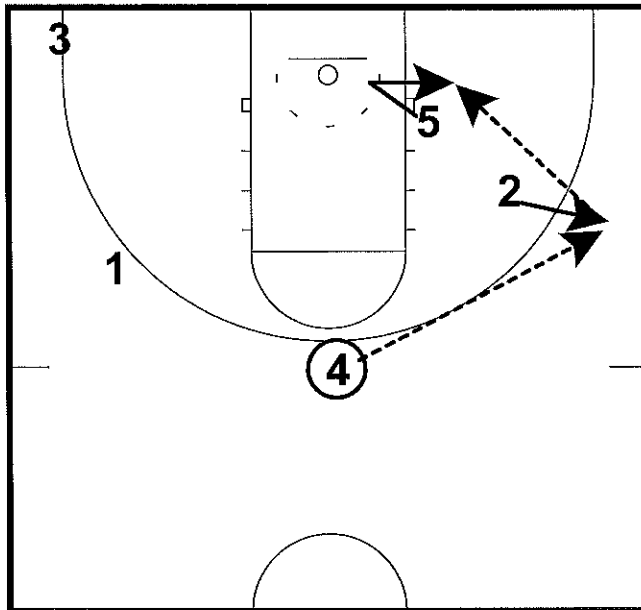
Frame 2



1 passes to 5 stepping out to the right wing. 1 goes to screen for 4 to come to the top of the key. 3 swings out opposite, 2 moves towards the right block.

5 passes to 4 and cuts off 2's back screen.

Frame 3

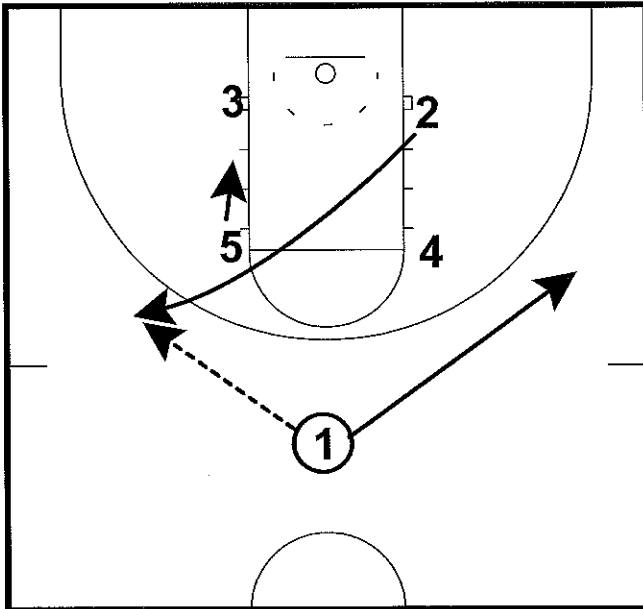


2 steps off the back screen for a catch and looks to throw into 5 who has sealed.

← taking advantage of 2's coverage of the back screen, his work to prevent the layup off the back screen leaves him susceptible to seal on back

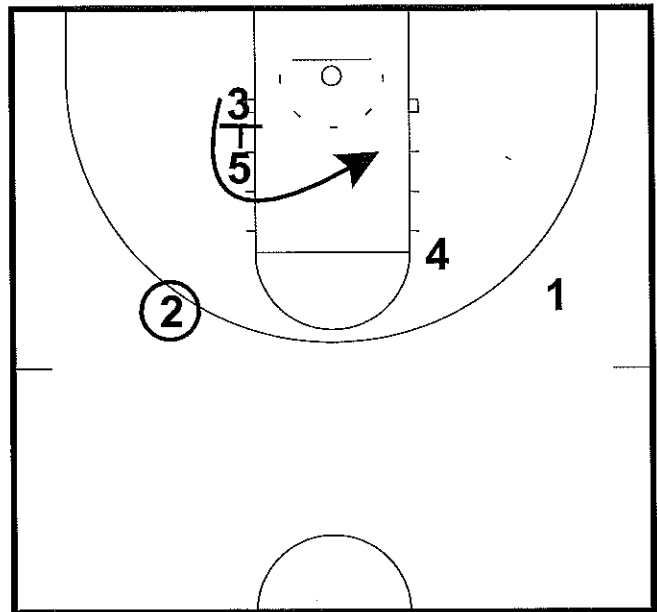
Columbia Box Post

Frame 1



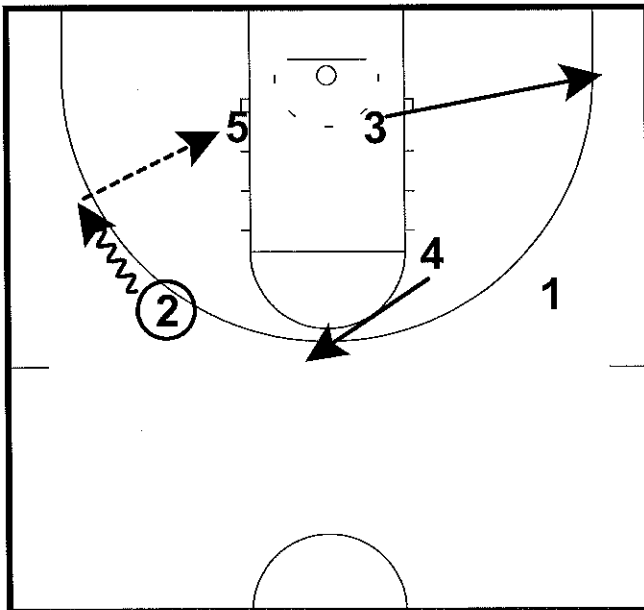
2 cuts over 5 for a wing catch. 1 passes to 2 and cuts away.

Frame 2



5 moves down to the right block where 3 curts his body, making sure to get a piece of x5.

Frame 3



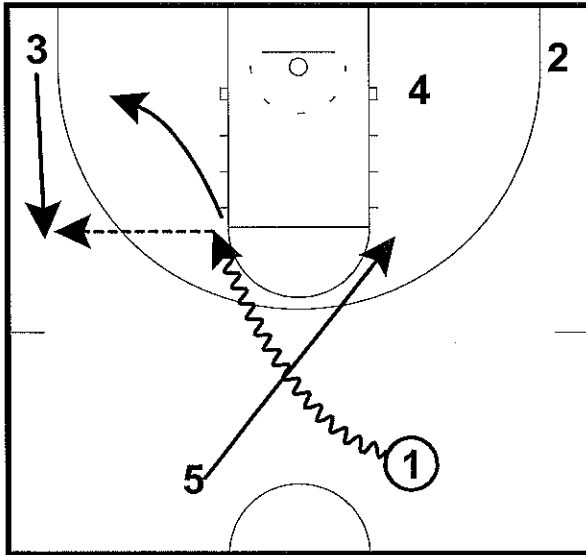
With 3 hitting x5 on his rub, 5 can settle in for good post position on the left block.

3 should be your toughest perimeter player. If he's doing a good job of freeing 5, this guy will end up w/ a bloody nose/elbow to eye or 2 a year

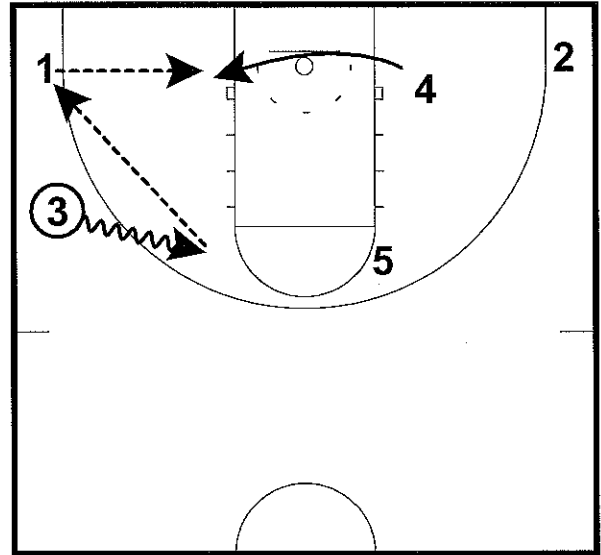
Memphis Weakside Dorsey

*Classic
DDM
look*

Frame 1



Frame 2

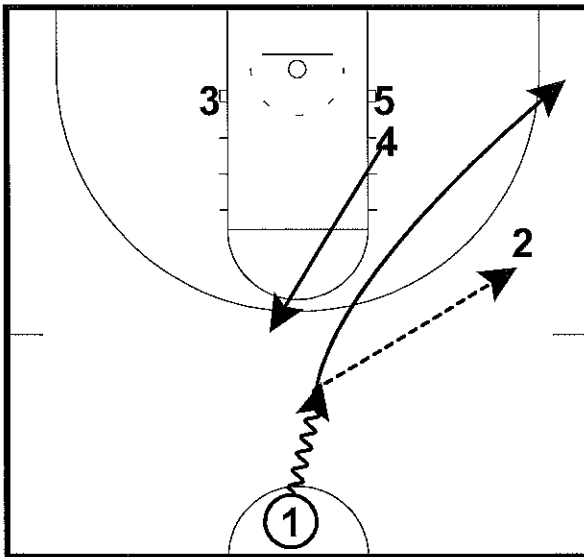


A set call within Cal's DDM, 4 would start on ball side as 1 brought the ball up the floor on the right side. 5 would cut to set a blur screen for 1 as he would dribble right off 5's back. 1 would drive to the elbow where 3 would lift for a catch.

3 takes one dribble to the elbow before throwing it back to 1. 5 cuts hard underneath x5 for a paint catch.

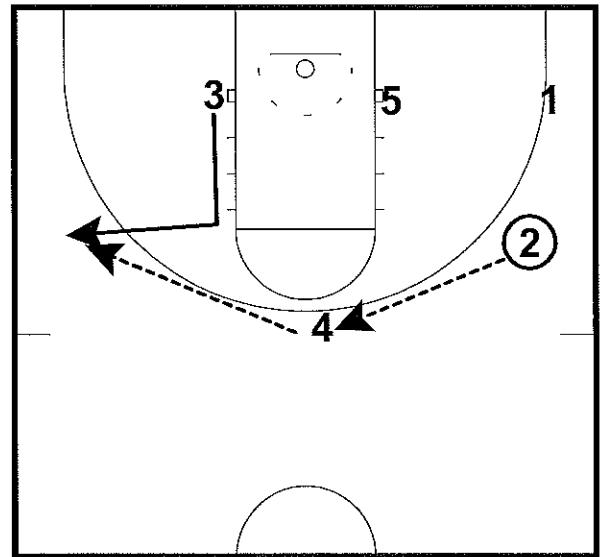
Wichita State Stagger P Iso

Frame 1



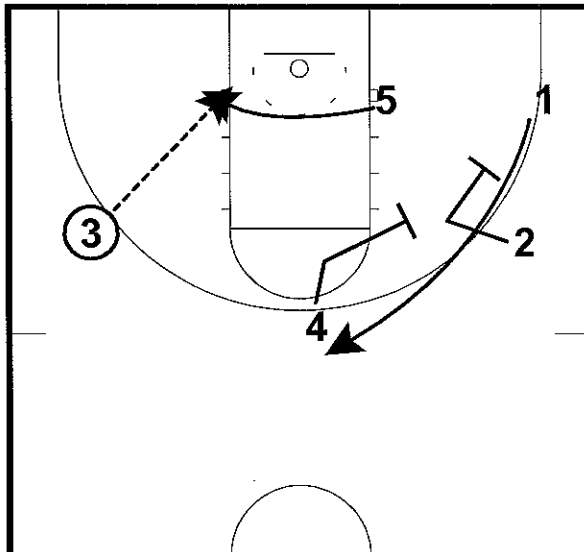
1 passes to 2 and makes a strong-side cut to the corner. 4 lifts to the top of the key.

Frame 2



Ball reversal (with 3 making an L cut to catch on the left wing).

Frame 3

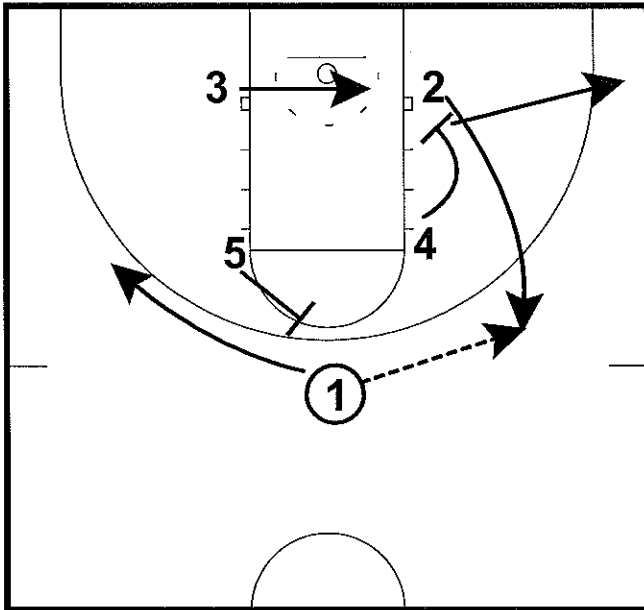


5 spins into a post isolation with all help occupied with a weakside stagger for 1.

Long Beach State

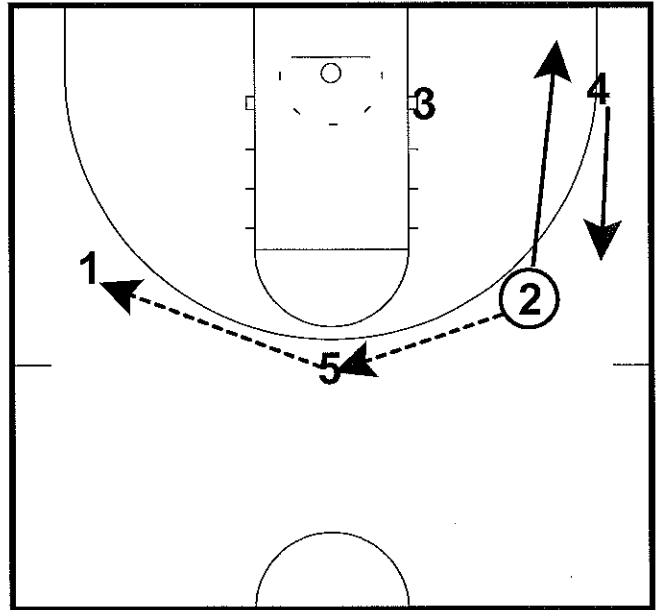
Mo

Frame 1



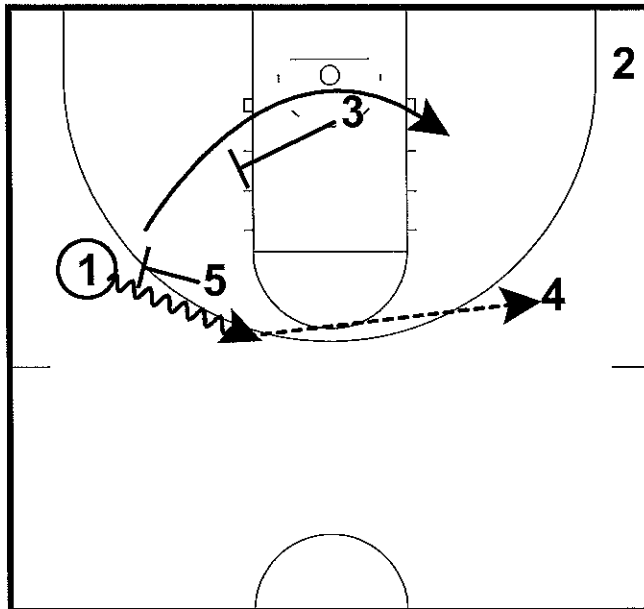
4 down screens for 2. 1 passes to 2. 4 clears to the right corner. 5 flare screens for 1.

Frame 2



Ball reversal. On 5's pass to 1, he sprints into a ball screen.

Frame 3

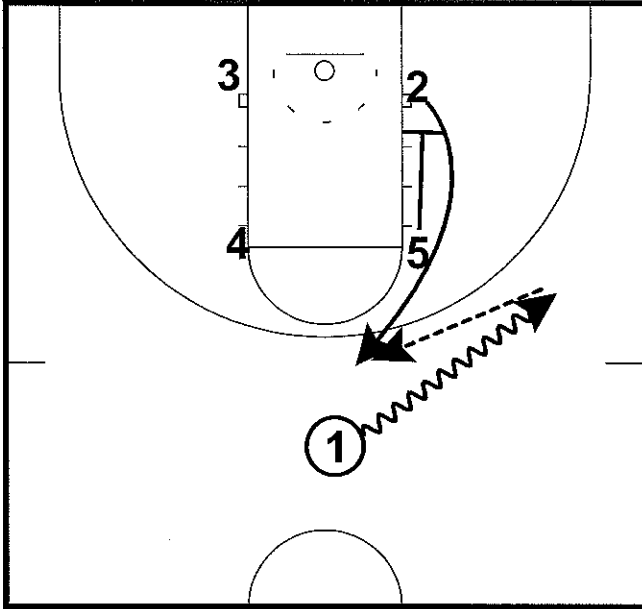


1 drives off the ball screen and throws ahead to 4. 3 back screens 5 on his roll. 4 looks to throw in.

← some ending as Orlando Magic set

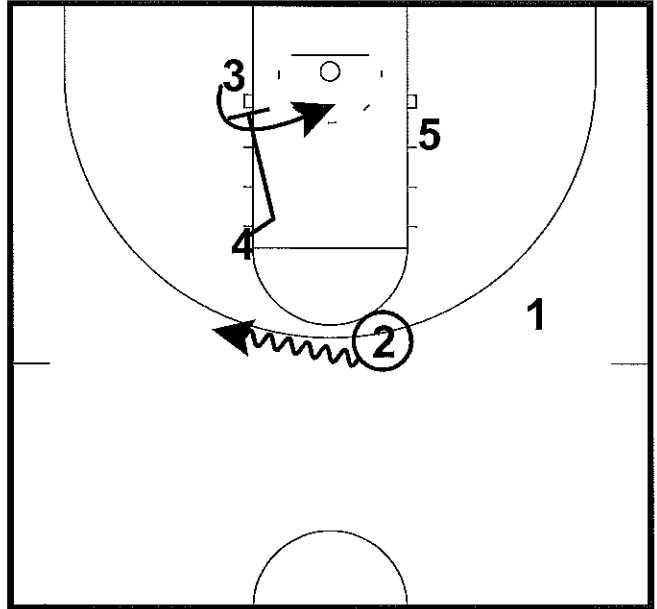
Michigan State Zip Curl

Frame 1



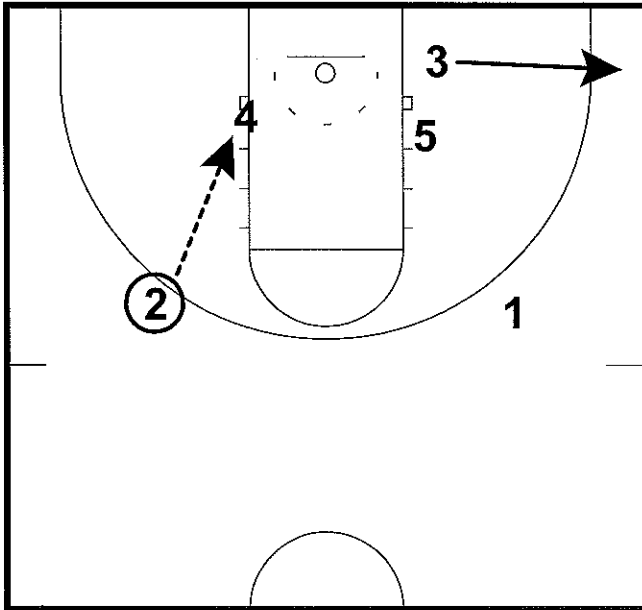
The offense breaks out of the box alignment on 1's dribble entry. 5 sets a zipper screen for 2.

Frame 2

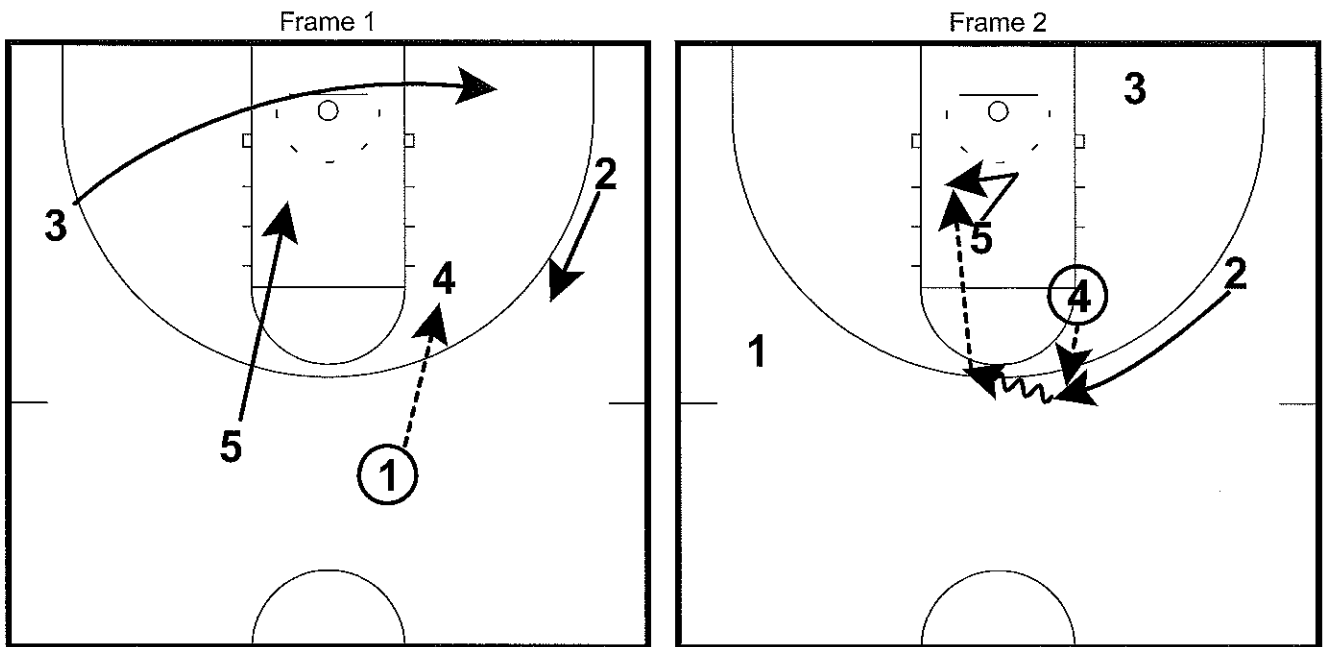


4 steps to down screen for 3. 3 curls and makes sure to get a piece of x4. 2 brings his dribble over.

Frame 3



BYU Snap

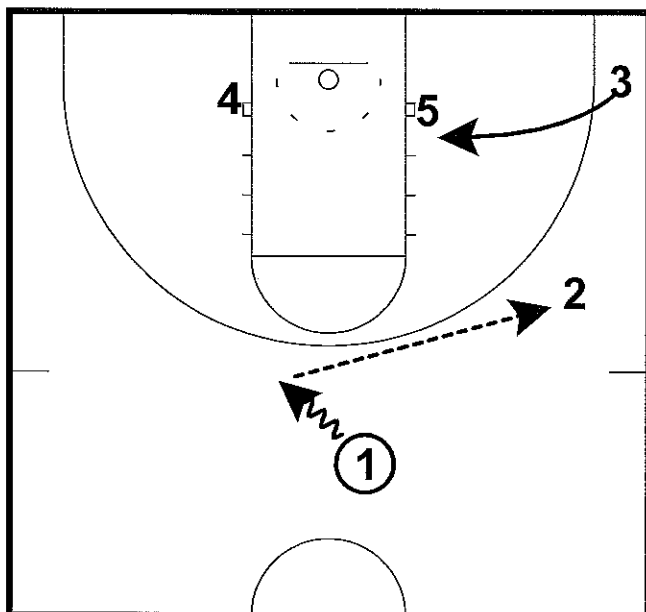


1 waves 3 through before feeding 4 at the elbow. On 4's catch, 5 back cuts and 1 spaces away.

2 comes behind 4 for a handoff. 5 takes advantage of x5 over-pursuit to take away 5's back cut by leg-whipping to seal for an easy paint catch as 2 clears 4's handoff.

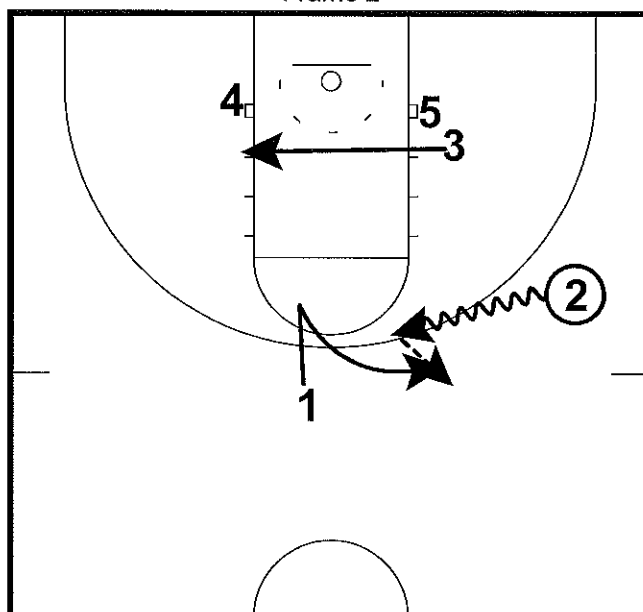
Akron Dribble

Frame 1



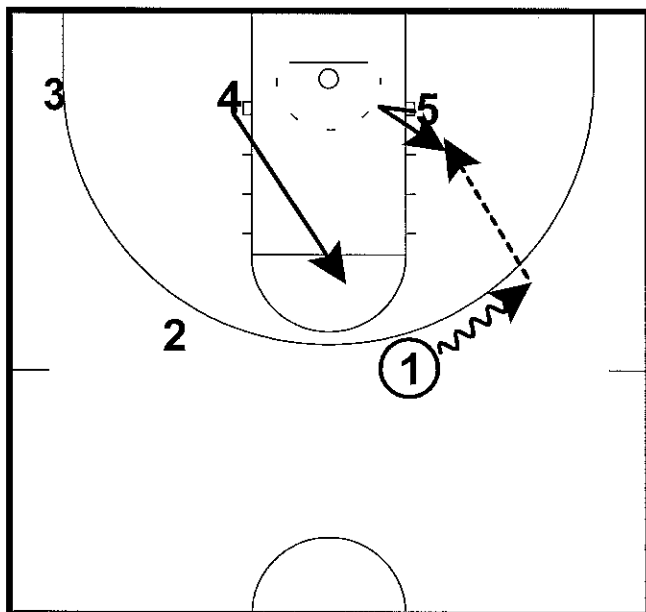
1 dribbles towards the left before throwing back to his right to 2. On 2's catch, 3 begins his cut over the top of 4 and 5.

Frame 2



2 dribbles at 1 for a DHO.

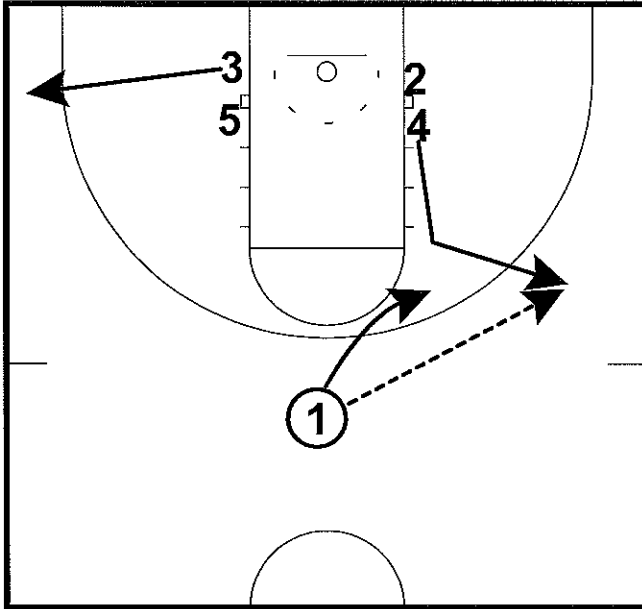
Frame 3



5 seals his man to create a chance for 2 to roll in a bounce pass. If x5 fights over, 4 is available for a high/low look.

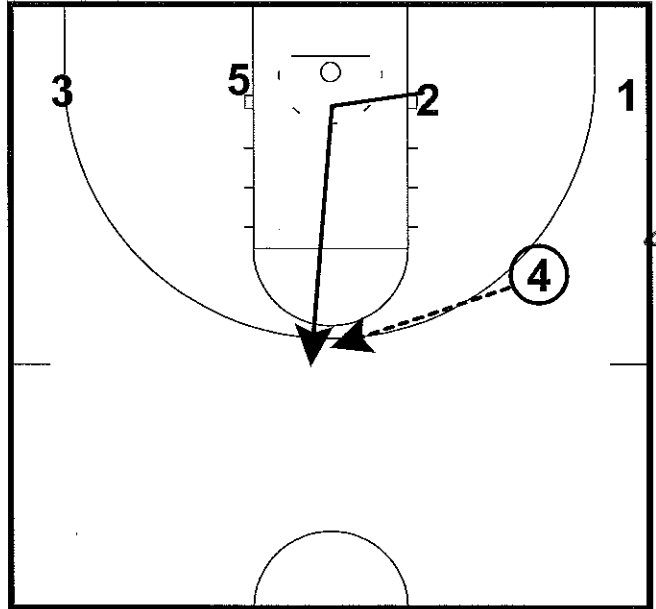
St. Bonaventure Empty

Frame 1



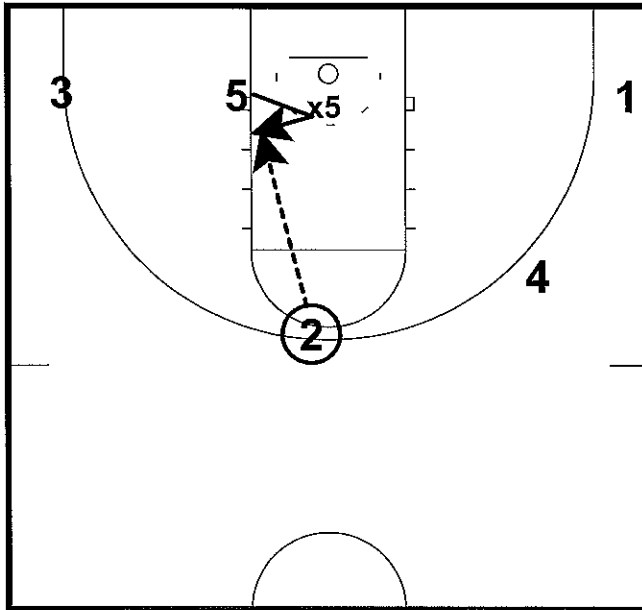
4 cuts to the right wing for a catch. After passing to 4, 1 cuts through.

Frame 2



2 steps as if to cross screen but cuts off his path at the rim to sprint to TOK.

Frame 3

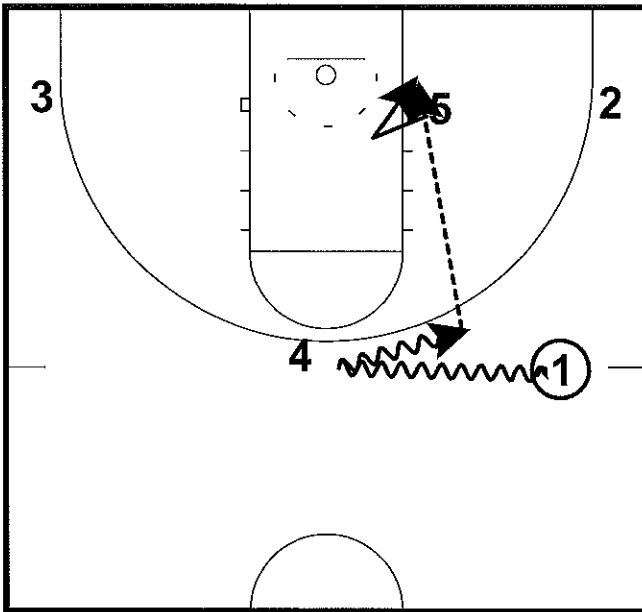


5 steps into x5 with his chest and spins (right foot pivot) for a seal and catch.

Footwork! 5 steps into x5 with chest & then spins to put ball to him for seal

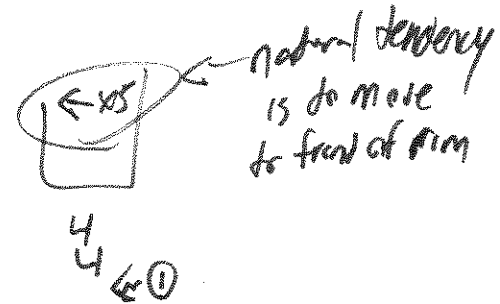
Ohio State Spin 34

Frame 1



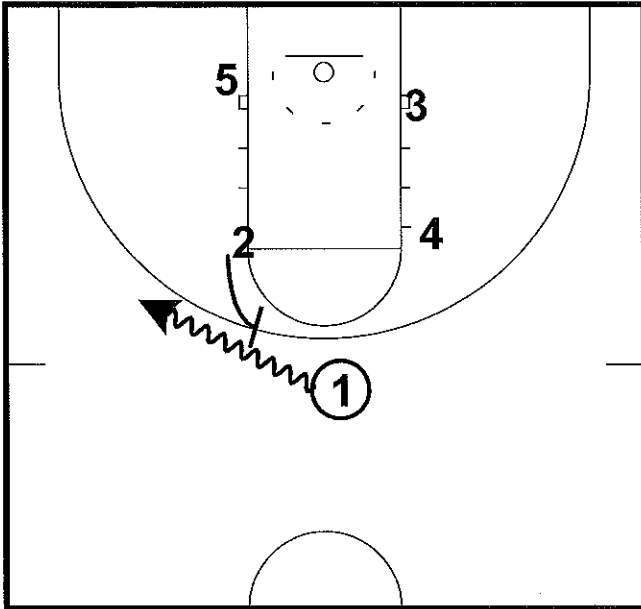
1 dribbles at 4's high ball screen, but spins before. 5's timing is important here as he steps into x5's body as 1 approaches his spin.

← 5 steps into x5 as 1 approaches BS, what you're doing is taking advantage of x5 adjusting early to the ball screen



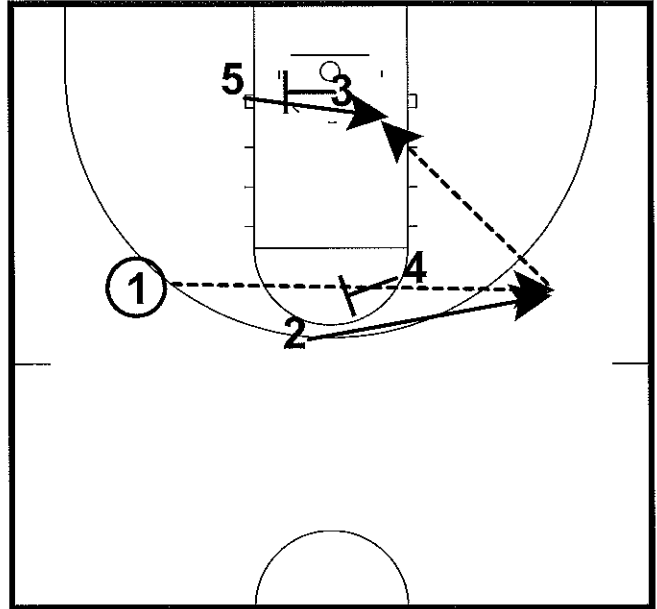
Indiana Level

Frame 1



1 drives off 2 for a small/small ball screen.

Frame 2



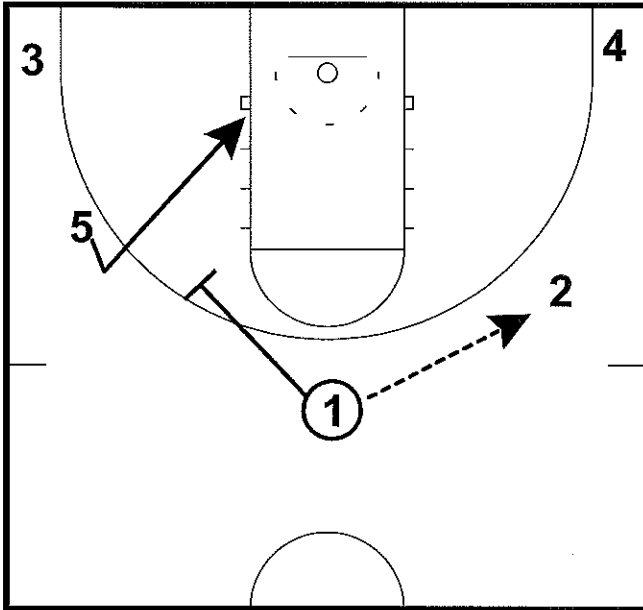
4 flares for 2 after 2 sets the ball screen. 1 throws it over the top. On his catch, 2 is looking shot 1st, post feed 2nd.

↑
finish w/ 4 down
screening for 3

IUP Spread

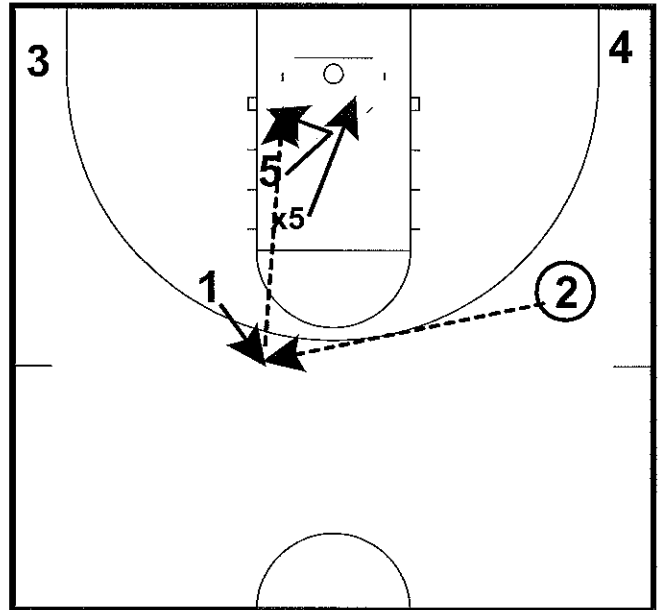


Frame 1



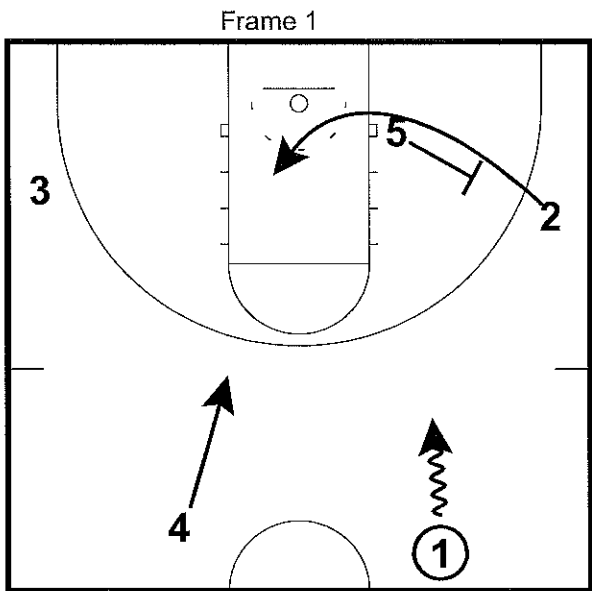
In a 5-out alignment, 1 hits to 2 on the right wing and moves to screen for 5. 5 back cuts

Frame 2

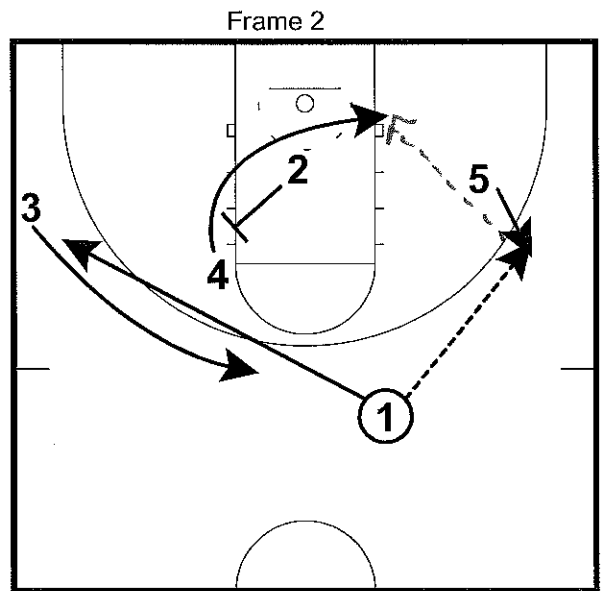


5's thinking on the back cut is to get x5 to over-pursue to take it away. 1 pops to the back. 2 throws 1. 5 steps into x5's body for seal.

Purdue Reverse Action



As 1 dribbles the ball over halfcourt in transition, 5 back screens for 2.

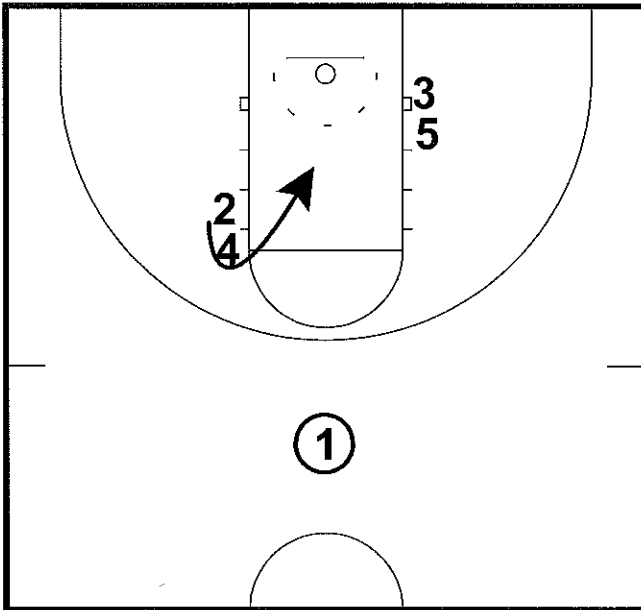


1 passes to 5 stepping off his back screen and cuts weakside. 2 screens for 4. 5's immediate look is to see if he can get 4 posting.

↑
2 cuts off the back
screen right into his
screen for 4

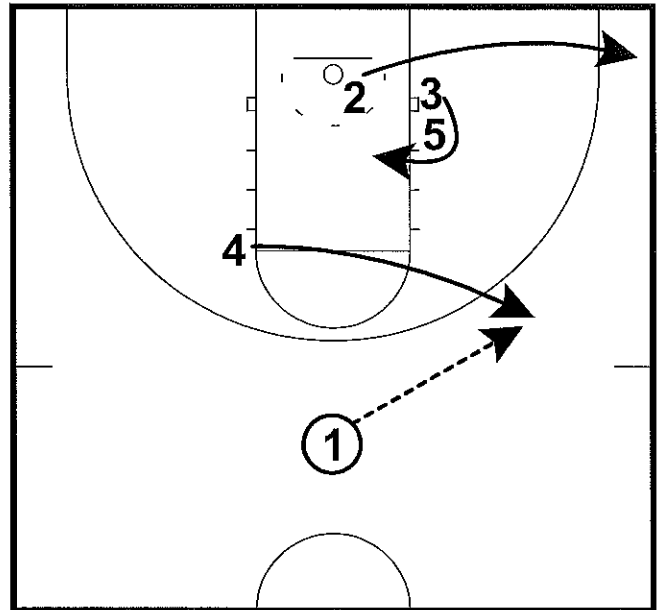
TCU *vs full front* Curl

Frame 1



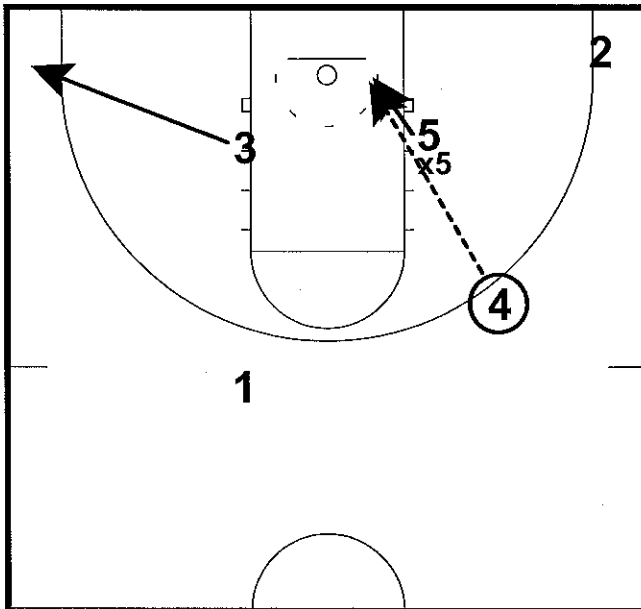
2 loops around 4 and moves towards the baseline.

Frame 2



As 2 cuts beneath the low stack, 3 loops around 5's body. 4 makes a shallow cut to catch on the right wing.

Frame 3

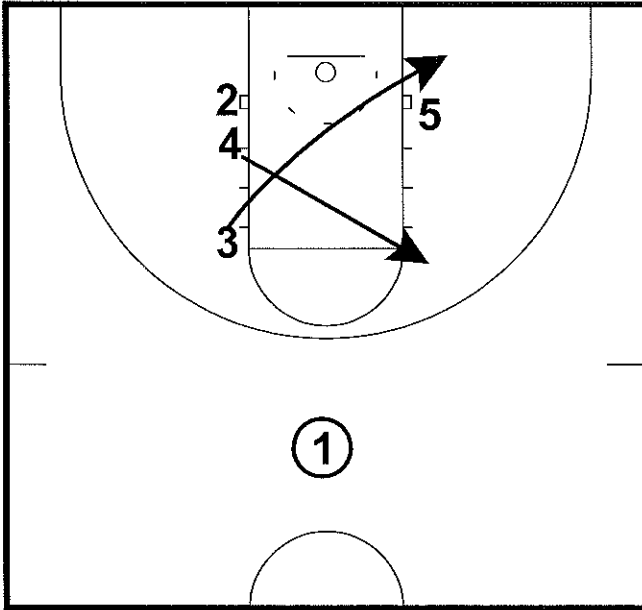


4 throws it to the corner of the board as x5 assumes full-front position and the weakside is emptied.

*Timing!
3 curling as 4 is
catching.*

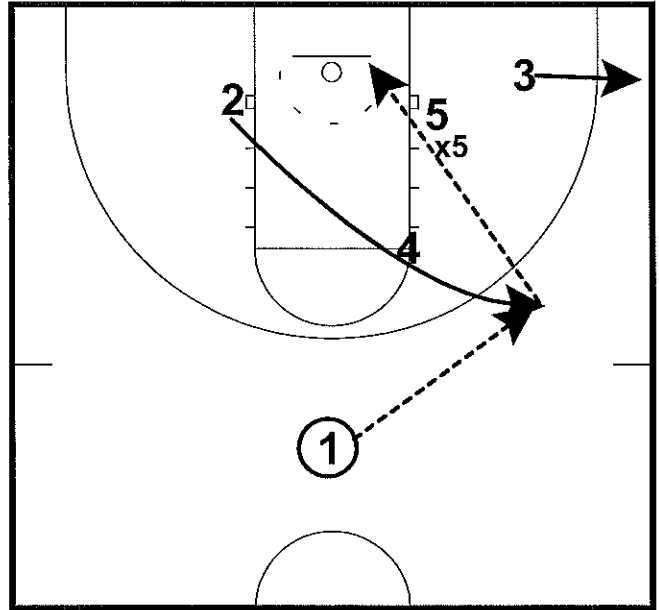
Texas Tech *vs full front* X

Frame 1



2 and 3 cut.

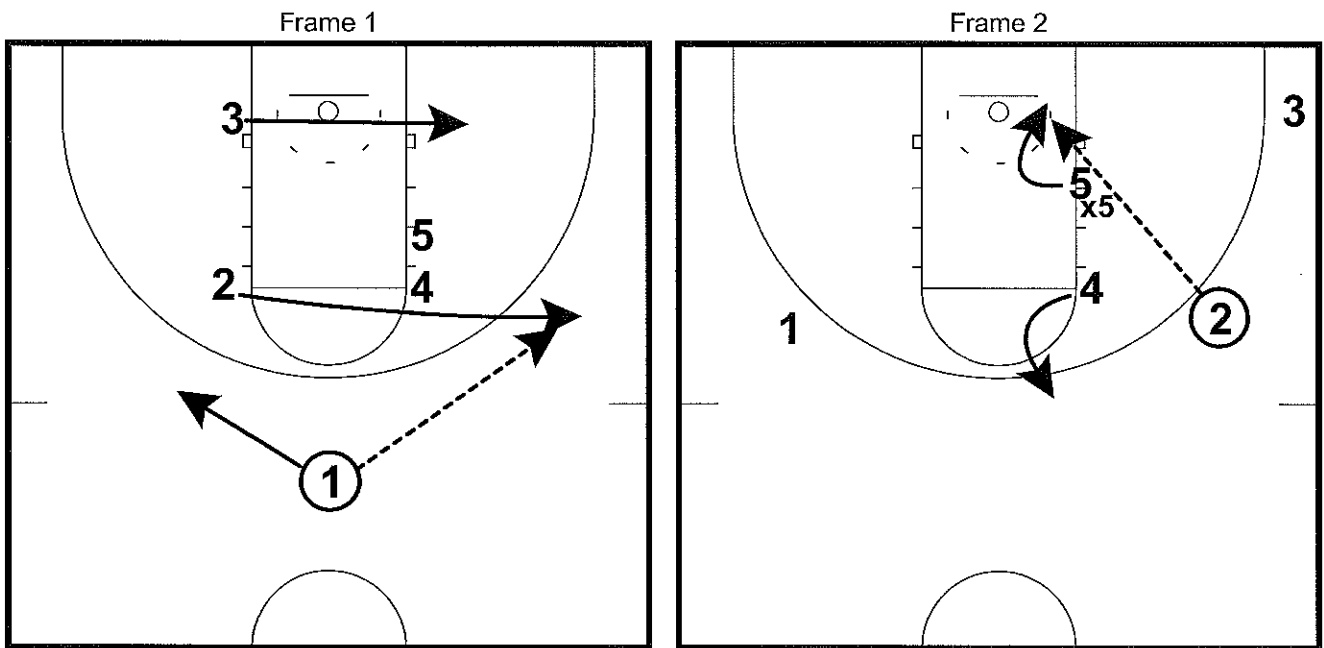
Frame 2



2 cuts over the top of 4. Backside is cleared so when x5 assumes a dead-front position, 2 is able to throw it to the corner of the board with no fear of a weakside defender coming in to steal it.

*↑
2 catches 3 turns her
the outside to throw
pass to the corner of
the board*

Nebraska *vs full front* Double



2 cuts over top of the double screen set by 4 and 5 for a wing catch. 3 has cut to ball-side corner.

Once x5 assumes his dead-front position, 2 throws it to the corner of the board for a lob.