

# Offseason Defensive Coordinator Breakdown

A Systematic Approach to Gaining An Advantage

# Gain Understanding Of:

Coordinator/Head Coach

Scheme and Structures

Tendencies and Personality of Play Caller

What do they struggle with?

What are they good at?

# A Deeper Look

**Much more Holistic than in Season**

In Season-This leads to that?

Off Season-Why do they do this?

**What is their overall philosophy?**

How does it change by down?

How does it change by zone?

Compare year to year

What's Included In The Course

**Three Stages of Defensive Breakdown**

Stage 1 Analyzing the Data

Stage 2 Understanding the Base and Answers

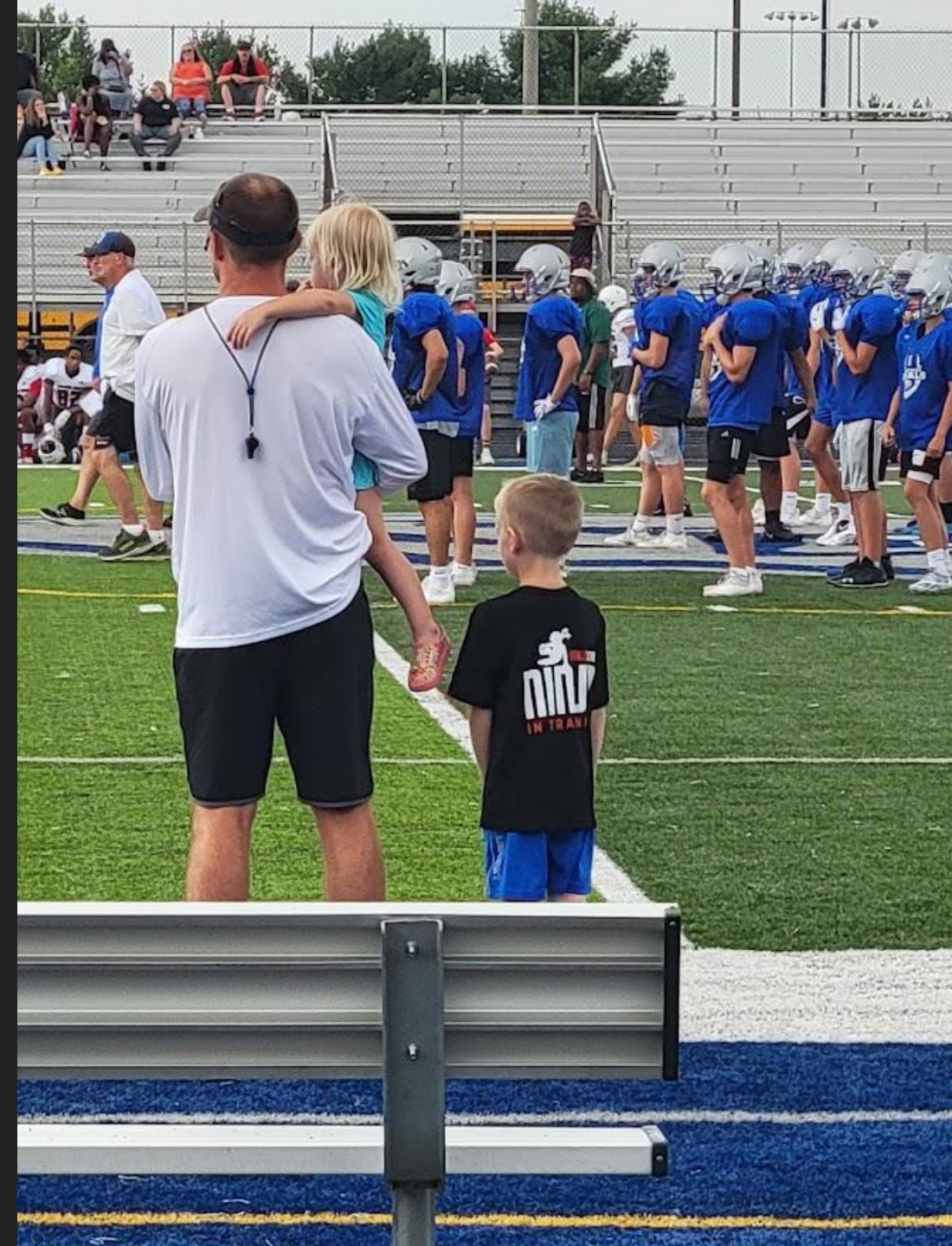
Stage 3 Putting It All Together

Seven Specialized Templates Included

BONUS Standing Out In the Hiring Process with A Digital Portfolio Lesson

# Coach Weitz

- Currently OC at HSE
  - Averaged 34.6 Points
  - Ball Control, Run Heavy Team
- Warren Central
  - STC, OL, DB, QB
  - Camp Director
  - 45-16, 2013 State Champions
- Lawrence Central
  - QB Coach
  - 15-0, 2012 State Champions



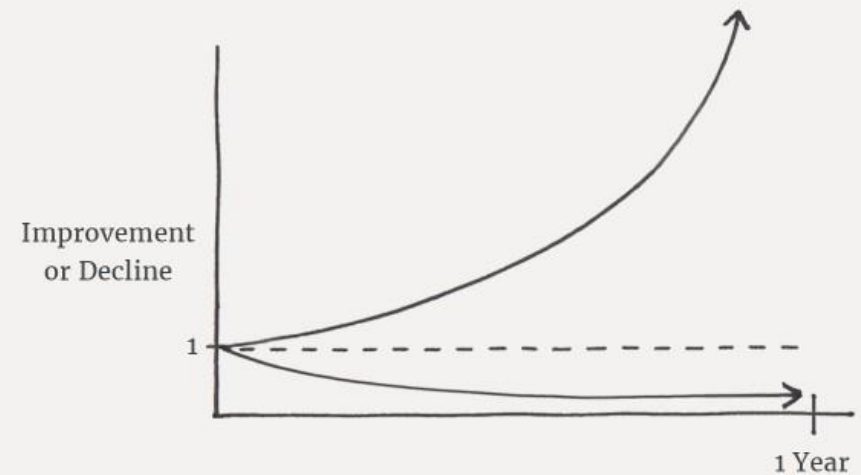
# How I Got There

- High School Career
- College Playing and Coaching Experience
- New Zealand Playing and Coaching Experience
- Finding A Way to Catch Up

## The Power of Tiny Gains

1% better every day  $1.01^{365} = 37.78$

1% worse every day  $0.99^{365} = 0.03$



# Digital Resources For Coaches

[www.60secondclinic.com/digitalresourcesforcoaches](http://www.60secondclinic.com/digitalresourcesforcoaches)

Graphic Design

Website Creation

Photo Editing

Video Creation

Hiring Designers

And More